





Hi,

Thank you for your interest in my one to one parent coaching sessions

As a qualified Parenting Coach I support you in exploring the challenges you face as a parent in confidential One to One sessions.

You are the expert in you and your family life and I paddle next to you, guiding you to find a way that works for you and your children supporting you to find the calmer waters of parenting

These parenting sessions are individually tailored to you as a parent, mum, or dad and are private One to Ones in person, over the phone or via Zoom, Skype or another platform that suits you.

I work with parents from all areas including oversees.

If you are interested or have any questions please contact me or book a free 30

Julie

